*Bijgewerkt tot en met 14-1-2024*

**U20 Jongens Baan Officieel**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 100 meter | 11.5 sec  11.5 sec |  | Ron Schijfs  John van Sprundel | Zundert  Oosterhout | 23-09-78  20-05-86 |
| 200 meter | 23.42 sec | et | Julian Bastah | Dordrecht | 22-05-22 |
| 400 meter | 51.6 sec |  | John van Sprundel | Breda | 22-06-86 |
| 800 meter | 2.03.9 min |  | John van Sprundel | Breda | 12-05-87 |
| 1000 meter | 2.38.7 min |  | Leo Herijgers | Sittard | 08-08-87 |
| 1500 meter | 4.15.9 min |  | Leo Herijgers | Zierikzee | 21-06-87 |
| 2000 meter | 6.22.09 min |  | Teun van Uffelen | Etten-Leur | 28-04-98 |
| 3000 meter | 9.15.5 min |  | Leo Herijgers | Roosendaal | 20-08-87 |
| 3000 meter steeplechase | 10.41.15 min | et | Ronald Cockx | Zevenbergen | 26-06-13 |
| 1 Engelse Mijl | 4.50.67 min | et | Ronald Cockx | Dongen | 16-05-13 |
| 110 meter horden 106cm | 17.02 sec | et | Michael Herijgers | Tilburg | 12-05-08 |
| 400 meter horden 91 cm | 66.15 sec | et | Sam Schrauwen | Gouda | 28-08-20 |
| 4 x 100 meter | 47.3 sec |  | Wim Voermans  André Frijters  Peter Frijters  Ron Schijfs | Uden | 05-05-79 |
| Zweedse estafette (400-300-200-100 meter) | 2.17.5 min |  | Joey Oomen  Thijs de Koning  Michael Herijgers  Niels Hanegraaf | Zevenbergen | 21-06-09 |
| 10-kamp | 4774 pnt |  | John van Sprundel | Zundert | 26/27-09-87 |
| Hoogspringen | 1.95 mtr |  | Niels Hanegraaf | Tilburg | 01-06-09 |
| Verspringen | 6.77 mtr |  | Ron Schijfs | Zundert | 21-10-79 |
| Hinkstapspringen | 14.30 mtr |  | Ron Schijfs | Merksem (B) | 26-08-78 |
| Polsstokhoogspringen | 3.40 mtr |  | Michael Herijgers | Breda | 18-05-08 |
| Kogelstoten 6 kg | 11.63 mtr |  | Erik de Hoon | Zundert | 29-09-90 |
| Discus 1¾ kg | 27.73 mtr |  | Olivier van Namen | Zundert | 22-09-18 |
| Speerwerpen 800 gr | 45.13 mtr |  | Ron Schijfs | Zundert | 21-10-79 |

**U20 Jongens Indoor Officieel**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 60 meter | 7.5 sec |  | John van Sprundel | Someren | 01-12-85 |
| 200 meter | 25.41 sec | et | Maurice Raats | Apeldoorn | 23-12-18 |
| 400 meter | 56.66 sec | et | Joey Oomen | Gent (B) | 20-12-08 |
| 800 meter | 2.06.65 min | et | Ronald Cockx | Apeldoorn | 02-03-13 |
| 1000 meter | 2.52.01 min | et | Ronald Cockx | Gent (B) | 23-02-13 |
| 1500 meter | 4.39.63 min | et | Ronald Cockx | Gent (B) | 22-12-12 |
| Verspringen | 6.29 mtr |  | Daan Moelands | Gent (B) | 02-01-22 |
| Kogelstoten 6 kg | 11.66 mtr |  | Daan Moelands | Gent (B) | 02-01-22 |

**U20 Jongens Baan Officieus**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 60 meter | 8.9 sec |  | Henri van Dooremalen | Zundert | 28-06-87 |
| 600 meter | 1.33.65 min | et | Maurice Raats | Zundert | 22-09-18 |
| Werp-3-kamp K+D+S | 683 pnt |  | Henri van Dooremalen | Zundert | 28-06-87 |

**U20 Jongens Indoor Officieus**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 35 meter | 4.7 sec |  | John van Sprundel | Uden | 15-02-86 |
| 40 meter | 5.5 sec |  | John van Sprundel | Etten-Leur | 04-01-87 |

**U18 Jongens Baan Officieel**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 100 meter | 11.6 sec |  | Ron Schijfs | Vught | 19-06-77 |
| 200 meter | 24.1 sec |  | John van Sprundel | Dordrecht | 30-06-85 |
| 400 meter | 52.5 sec |  | John van Sprundel | Breda | 28-07-85 |
| 800 meter | 1.57.34 min | et | Daan van Dessel | Zevenbergen | 02-07-23 |
| 1000 meter | 2.46.8 min |  | Ronald Vreijsen | Breda | 26-03-77 |
| 1500 meter | 4.01.67 min | et | Daan van Dessel | Ninove (B) | 23-07-23 |
| 2000 meter | 6.52.78 min | et | Joris Mertens | Zevenbergen | 17-06-15 |
| 3000 meter | 8.47.35 min | et | Daan van Dessel | Bergen op Zoom | 23-06-23 |
| 110 meter horden 91 cm | 15.23 sec | et | Tim Klein | Breda | 08-08-20 |
| 400 meter horden 84 cm | 1.00.99 min | et | Menno van den Broek | Vught | 30-06-17 |
| 4 x 100 meter | 50.44 sec | et | Rik van Laerhoven  Menno van den Broek  Sam Schrauwen  Olivier van Namen | Rotterdam | 08-05-16 |
| 9-kamp | 3180 pnt |  | Willijan Vissers | Zundert | 28/29-09-85 |
| 10-kamp | 5453 pnt | et | Daan Moelands | Lisse | 10/11-07-21 |
| Hoogspringen | 1.82 mtr |  | Daan Moelands | Lisse | 10-07-21 |
| Verspringen | 6.56 mtr |  | Tim Klein | Emmeloord | 05-09-20 |
| Hinkstapspringen | 13.69 mtr |  | Ron Schijfs | Steenbergen | 07-08-77 |
| Polsstokhoogspringen | 3.20 mtr |  | Daan Moelands | Lisse | 11-07-21 |
| Kogelstoten 5 kg | 12.96 mtr |  | Tim Klein | Emmeloord | 05-09-20 |
| Discuswerpen 1½ kg | 42.31 mtr |  | Tim Klein | Gouda | 28-08-20 |
| Speerwerpen 700 gr | 44.99 mtr |  | Olivier van Namen | Vught | 12-07-15 |

**U18 Jongens Indoor Officieel**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 60 meter | 7.54 sec | et | Tim Klein | Apeldoorn | 08-02-20 |
| 200 meter | 25.15 sec | et | Menno van den Broek | Gent (B) | 14-01-17 |
| 400 meter | 58.44 sec | et | Menno van den Broek | Apeldoorn | 27-12-16 |
| 800 meter | 2.19.61 min | et | Joris Mertens | Gent (B) | 19-12-15 |
| 1000 meter | 2.56.64 min | et | Joris Mertens | Gent (B) | 02-01-16 |
| 60 meter horden 91 cm | 8.60 sec | et | Tim Klein | Apeldoorn | 09-02-20 |
| 4 x 200 meter | 1.56.57 min | et | Rik van Laerhoven  Olivier van Namen  Joris Mertens  Menno van den Broek | Gent (B) | 10-01-15 |
| Hoogspringen | 1.88 mtr |  | Tim Klein | Apeldoorn | 09-02-20 |
| Verspringen | 6.61 mtr |  | Tim Klein | Apeldoorn | 01-02-20 |
| Polsstokhoogspringen | 3.00 mtr |  | Tim Klein | Apeldoorn | 09-02-20 |
| Kogelstoten 5 kg | 13.94 mtr |  | Tim Klein | Gent (B) | 21-12-19 |

**U18 Jongens Weg Officieel**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 5 kilometer | 15.59 min | ch | Daan van Dessel | Brunssum | 02-04-23 |

**U18 Jongens Baan Officieus**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 150 meter | 19.00 sec | et | Rik van Laerhoven | Tilburg | 28-03-15 |
| 300 meter | 42.39 sec | et | Rik van Laerhoven | Tilburg | 28-03-15 |
| 600 meter | 1.36.06 min | et | Menno van den Broek | Vught | 17-04-17 |
| 1500 meter steeplechase | 4.41.4 min |  | Ronald Vreijsen | Steenbergen | 26-06-77 |
| 3000 meter steeplechase 91 cm  (met waterbak) | 12.36.90 min | et | Joris Mertens | Best | 02-06-15 |
| 5000 meter | 16.04.99 min | et | Daan van Dessel | Hulst | 07-05-23 |
| 1 Engelse Mijl | 5.03.40 min |  | Willy van Zundert | Zundert | 30-06-98 |
| Werp-3-kamp K+D+S | 1507 pnt |  | Erik de Hoon | Zundert | 26-06-88 |
| Spring-3-kamp H+V+HSS | 1209 pnt |  | Edwin Verhoeven | Zundert | 26-06-88 |

**U16 Jongens Baan Officieel**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 100 meter | 11.70 sec | et | Tim Klein | Tilburg | 23-06-19 |
| 150 meter | 17.86 sec | et | Tim Klein | Terneuzen | 25-05-19 |
| 300 meter | 39.94 sec | et | Tim Klein | Zundert | 21-04-18 |
| 800 meter | 2.03.49 min | et | Daan van Dessel | Edam | 18-09-21 |
| 1000 meter | 2.41.71 min | et | Daan van Dessel | Barendrecht | 09-06-21 |
| 1500 meter | 4.12.03 min | et | Daan van Dessel | Utrecht | 18-06-21 |
| 100 meter horden 84 cm | 13.81 sec | et | Jim Putter | Amsterdam | 27-08-22 |
| 100 meter horden 91 cm | 16.3 sec |  | Peter Frijters | Etten-Leur | 18-06-78 |
| 300 meter horden 76 cm | 43.57 sec | et | Jim Putter | Rijen | 11-06-22 |
| 1500 meter steeplechase 76 cm (met waterbak) | 4.56.78 min | et | Menno van den Broek | Amsterdam | 28-08-16 |
| 1500 meter steeplechase 76 cm (zonder waterbak) | 5.31.20 min | et | Joris Mertens | Amsterdam | 31-08-14 |
| 4 x 100 meter | 52.62 sec | et | Bram van Dongen  Louis van Oorschot  Nicky Broos  Daan van Dessel | Edam | 18-09-21 |
| 8-kamp | 6199 pnt | et | Tim Klein | Zoetermeer | 21/22-09-19 |
| Hoogspringen | 1.93 mtr |  | Tim Klein | Alphen aan den Rijn | 30-06-19 |
| Verspringen | 6.47 mtr |  | Tim Klein | Amstelveen | 20-05-18 |
| Kogelstoten 4 kg | 15.13 mtr |  | Tim Klein | Enschede | 31-08-19 |
| Polsstokhoogspringen | 3.00 mtr |  | Tim Klein | Breda | 09-05-19 |
| Discuswerpen 1 kg | 50.08 mtr |  | Tim Klein | Zoetermeer | 22-09-19 |
| Speerwerpen 600 gr | 48.54 mtr |  | Tim Klein | Breda | 13-10-19 |

**U16 Jongens Indoor Officieel**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 60 meter | 7.60 sec | et | Tim Klein | Apeldoorn | 23-12-18 |
| 800 meter | 2.17.71 min | et | Menno van den Broek | Gent (B) | 16-01-16 |
| 60 meter horden 84 cm | 8.59 sec | et | Jim Putter | Apeldoorn | 27-03-22 |
| Hoogspringen | 1.85 mtr |  | Tim Klein | Zoetermeer | 05-01-19 |
| Verspringen | 6.50 mtr |  | Tim Klein | Apeldoorn | 20-01-19 |
| Kogelstoten 4 kg | 14.81 mtr |  | Tim Klein | Apeldoorn | 20-01-19 |

**U16 Jongens Weg Officieel**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 5 kilometer | 18.41 min | ch | Daan van Dessel | Breda | 06-10-19 |

**U16 Jongens Baan Officieus**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 200 meter | 24.58 sec | et | Tim Klein | Etten-Leur | 10-05-19 |
| 400 meter | 59.92 sec | et | Menno van den Broek | Terneuzen | 12-06-16 |
| 600 meter | 1.33.17 min | et | Daan van Dessel | Zundert | 10-10-20 |
| 3000 meter | 9.16.82 min | et | Daan van Dessel | Eindhoven | 24-07-21 |
| 1 Engelse Mijl | 5.43.87 min | et | Joris Mertens | Zundert | 11-10-14 |
| 200 meter horden | 33.25 sec | et | Menno van den Broek | Utrecht | 14-08-15 |
| Hinkstapspringen | 10.15 mtr |  | Daan Moelands | Terneuzen | 28-04-19 |
| Werp-3-kamp K+D+S | 1597 pnt |  | Olivier van Namen | Naaldwijk | 28-09-14 |

**U16 Jongens Indoor Officieus**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 30 meter | 4.69 sec | et | Tim Klein | Zundert | 09-12-17 |
| 35 meter | 5.5 sec |  | Niels Boot | Alphen | 16-11-86 |
| 40 meter | 5.6 sec |  | Roy Hoogaerts | Oosterhout | 04-03-90 |
| 200 meter | 24.38 sec | et | Tim Klein | Gent (B) | 12-01-19 |
| 300 meter | 43.16 sec | et | Menno van den Broek | Gent (B) | 02-01-16 |
| 400 meter | 66.13 sec | et | Rik Herijgens | Gent (B) | 28-12-14 |
| 1000 meter | 3.08.13 min | et | Menno van den Broek | Gent (B) | 02-01-16 |

**U14 Jongens Baan Officieel**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 80 meter | 10.16 sec | et | Tim Klein | Gemert | 03-06-17 |
| 600 meter | 1.39.89 min | et | Daan van Dessel | Zundert | 20-04-19 |
| 1000 meter | 2.56.48 min | et | Daan van Dessel | Gorinchem | 30-05-19 |
| 80 meter horden 76 cm | 11.54 sec | et | Jim Putter | Barendrecht | 20-09-20 |
| 4 x 80 meter | 45.44 sec | et | Joey de Hesselle  Jonas Gommers  Mikey Snepvangers  Youri de Wit | Goes | 10-06-17 |
| 7-kamp | 5025 pnt | et | Tim Klein | Gemert | 03/04-06-17 |
| Hoogspringen | 1.85 mtr |  | Tim Klein | Etten-Leur | 19-05-17 |
| Verspringen | 5.80 mtr |  | Tim Klein | Amsterdam | 03-09-17 |
| Polsstokhoogspringen | 2.91 mtr |  | Tim Klein | Zundert | 23-06-17 |
| Kogelstoten 3 kg | 15.13 mtr |  | Tim Klein | Amsterdam | 03-09-17 |
| Discuswerpen 1 kg | 35.62 mtr |  | Tim Klein | Zundert | 15-04-17 |
| Speerwerpen 400 gr | 47.03 mtr |  | Tim Klein | Zundert | 23-09-17 |

**U14 Jongens Indoor Officieel**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 60 meter | 8.00 sec | et | Tim Klein | Amsterdam | 18-02-17 |
| 600 meter | 1.42.11 min | et | Daan van Dessel | Apeldoorn | 19-01-19 |
| 1000 meter | 3.03.45 min | et | Daan van Dessel | Apeldoorn | 19-01-19 |
| 60 meter horden 76 cm | 8.83 sec | et | Jim Putter | Apeldoorn | 25-01-20 |
| Hoogspringen | 1.78 mtr |  | Tim Klein | Apeldoorn | 21-01-17 |
| Verspringen | 5.57 mtr |  | Tim Klein | Hoboken (B) | 29-01-17 |
| Kogelstoten 3 kg | 13.29 mtr |  | Tim Klein | Hoboken (B) | 29-01-17 |

**U14 Jongens Weg Officieus**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 5 kilometer | 18.42 min | ch | Daan van Dessel | Brunssum | 24-03-19 |

**U14 Jongens Baan Officieus**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 150 meter | 19.47 sec | et | Jim Putter | Zundert | 18-09-20 |
| 3000 meter | 10.20.26 min | et | Daan van Dessel | Oud Beijerland | 18-04-19 |
| Werp-3-kamp K+D+S | 1251 pnt |  | Jim Putter | Zundert | 15-08-20 |

**U14 Jongens Indoor Officieus**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 30 meter | 4.8 sec |  | Roy Hoogaerts | Zundert | 27-03-88 |
| 35 meter | 5.49 sec | et | Jim Putter | Vlijmen | 02-12-18 |
| 40 meter | 5.79 sec | et | Jim Putter | Drunen | 08-12-19 |
| 150 meter | 20.27 sec | et | Jim Putter | Gent (B) | 28-12-19 |